

Abstract

Title: Kids' Athletics Project in Athletics Training of Children

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Resume: Project Kids' Athletics was established in Germany by a teacher and trainer Mr Dieter Massin, who participated the idea with his colleagues that the athletics is no more interesting for children. Together they try to change this situation, but not only in their country but on all over the world. Objective of our research was a question how the children in the Czech Republic are informed about Kids' Athletics. We wanted to show to children chosen from one club the practical side of this project. During the recollection of the theoretical information I was in contact with Mr Dieter Massin of this idea and one another promoter. We used the e-mail form of communication to be in contact.

Children were really enthusiastic during the competition. According to the creators information from foreign countries, this project was successful everywhere.

Key words: athletics, athletics of children, project Kids' Athletics